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**FAT STAIN (URINE)**

**Specimen Requirements:** 10-15 mL of random urine specimen.  
**Reference Range:** No fat droplets seen.  
**Report Time:** 24 Hours  
**Day(s) Set Up:** Monday through Sunday  
**CPT Code(s):** 89125

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**FERRITIN**

**Specimen Requirements:** 1 mL serum (red or SST). Fasting preferred. **Avoid hemolysis.**  
**Reference Range:** Female: 10-291 ng/mL  
Male: 22-322 ng/mL  
**Report Time:** 24 - 96 Hours  
**Day(s) Set Up:** Monday through Friday  
**CPT Code(s):** 82728

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**FETAL FIBRONECTIN TEST (FFN)**

For the detection of fetal fibronectin in Cervicovaginal Secretions between 24 and 34 completed weeks of gestations.

**Specimen Requirements:** Use the Adeza Specimen Collection Kits and follow the directions provided in the kit. Refrigerate the specimen. Samples are stable 3 days at 2 - 8<sup>0</sup> C.  
**Reference Range:** A negative FFN test result indicates that there is a very low probability that delivery will occur within 14 days following Cervicovaginal sampling.  
**Report Time:** 2 - 3 Hours  
**Day(s) Set Up:** Monday through Sunday  
**CPT Codes(s):** 82731

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**FIBRIN SPLIT PRODUCTS**

**Specimen Requirements:** Requires Special Collection Tube; call office for delivery. Keep special tube refrigerated until used. Fill special tube with 2 mL whole blood (tube does not fill to top). Mix. (Tube will clot.) Allow tube to sit at room temp for 30-60 minutes to clot completely, after 30-60 min. incubation Centrifuge 10 minutes at 1500 RPM. Transfer serum to clean red top. Refrigerate. Sample may be refrigerated up to 3 days.

DO NOT FREEZE.

**Reference Range:** < 10 ug/mL  
**Report Time:** 24 Hours  
**Day(s) Set Up:** Monday through Sunday  
**CPT Code(s):** 85362

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**FIBRINOGEN ACTIVITY**

**Specimen Requirements:** 1 mL citrated plasma (blue). **Centrifuge immediately at 2500-3000 RPM for 10 minutes. Carefully remove plasma. Send within 6 hours or freeze.**  
See "Specimen Handling-Citrated Plasma".

**Reference Range:** 200 - 400 mg/dL  
**Report Time:** 24 Hours  
**Day(s) Set Up:** Monday through Sunday  
**CPT Code(s):** 85384

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**FOLATE**

**Specimen Requirements:** 1.0 mL serum (red / SST) **Wrap in foil after drawing and allow to clot. Spin and separate serum. Avoid hemolysis.**  
Wrap in foil and freeze or freeze serum in opaque brown plastic tubes available from St. Marys Laboratory Services. Must be frozen within 4 hours of drawing or must be redrawn. Can be frozen only once.

**Reference Range:** > 5.4 ng/mL (Normal)  
3.4 - 5.4 ng/mL (Indeterminate)  
0.4 - 3.3 ng/mL (Deficient)

**Report Time:** 24 - 96 hours  
**Days(s) Set Up:** Monday through Friday  
**CPT Code(s):** 82746

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**FROZEN SECTION- See Pathology Tissue Examination**

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**FSH (Follicle Stimulating Hormone)**

**Specimen Requirements:** 1 mL serum (red or SST); 0.3 ml minimum.  
Freeze if stored longer than 48 hours.

**Reference Range:** Male: 1.4 - 18.1 mIU/mL  
Female: Follicular phase 2.5 - 10.2 mIU/mL

Midcycle	3.4 - 33.4	mIU/mL
Luteal phase	1.5 - 9.1	mIU/mL
Post Menopause	23.0 - 116.3	mIU/mL

**Report Time:** 24-96 hours

**Day(s) Set Up:** Monday through Friday

**CPT Code(s):** 83001