

Dean & St. Mary's Cardiac Center

Thank you for choosing St. Mary's for your health care. Our goal is to make your stay as pleasant and comfortable as possible. Valet parking is available at our main entrance on Brooks Street. This service is available from 5 a.m. to 10 p.m. daily. The valet attendant will park your vehicle and retrieve it when you are ready to leave.

Transesophageal Echocardiogram (TEE)

Be at the Hospital Patient Registration Desk, A Level, on:

(day/date)

(time)

Call 608-258-6856 If:

- You cannot make it to your procedure on time.
- You have questions or concerns about the procedure.

What is it?

A Transesophageal Echocardiogram uses sound waves to create a moving picture of your heart. It is done by placing a tube down your throat.

Why do you need a TEE?

A TEE is done to get a more detailed picture of your heart that cannot be seen by a standard echocardiogram.

Before your procedure:

- ♥ Arrange to have someone drive you home from the hospital. The procedure, including preparation and recovery, may take about four hours.
- ♥ Come prepared to tell us of any preferences you have in your care, including: food, family visitation, and prayer.

Day before your procedure:

- ♥ You will receive a call the day before with the time of arrival and instructions. At that time let the nurse know if you are taking any diabetic medications.

- ♥ Do not eat or drink anything after midnight unless you are told differently in your pre-procedure phone call.

Day of your procedure:

- ♥ Do not take any medication including vitamins, herbals, and/or food supplements **unless you are told differently** by your physician.
- ♥ Bring all your medications including any over-the-counter medications, herbs, etc., that you are presently taking, in their original bottle. This will help the nurse accurately update your records.
- ♥ Bring your insurance cards, your Advanced Directives, Durable Power of Attorney for Health Care, and/or Living Will, if you have one completed.
- ♥ Leave all valuables at home including rings, watches and money.
- ♥ After you register, you will be taken to your room in the Surgery and Procedure Center.

Preparing for your procedure:

- ♥ You will change into a hospital gown.
- ♥ A nurse will interview you and place an intravenous (IV) line in your arm.
- ♥ You will sign a consent form for the procedure.

During your procedure

- ♥ Your healthcare team will be in the room with you.
- ♥ Sticky patches will be placed on your chest. Hair may need to be removed in order to apply the patches.
- ♥ You will remove any dentures.
- ♥ Your throat may be sprayed with a numbing medication.
- ♥ You will be given medication (sedative) to help you relax.
- ♥ A mouth guard will be placed in your mouth to protect your teeth from the tube.
- ♥ The test will take between 15 to 30 minutes.

After your procedure

- ♥ You will be monitored until you are fully awake.
- ♥ Once you are fully awake, you will be able to sit up, eat, and walk.
- ♥ You will find out the results before you leave.
- ♥ You will receive complete instructions from your nurse.

Additional Discharge instructions:

- ♥ Due to the sedation you received:
 - ♥ Do not make any major or legal decisions and do not sign any legal documents for the next 24 hours.
 - ♥ We strongly suggest that another adult stay overnight with you for your comfort and safety.
 - ♥ Do not drive or operate hazardous machinery for the next 24 hours.
 - ♥ Do not have any alcohol or take any over-the-counter medications containing alcohol for 24 hours.
- ♥ Relax for the remainder of the day.

Call the Dean Clinic, 608-252-8000, if you have any concerns. This line is open 24 hours a day.

Tobacco free campus

For your health, we are a tobacco-free facility and campus. Thank you for not smoking or using tobacco products on hospital grounds.

Other resources available to you at: www.stmarysmadison.com/cardiac

Then Click on “Patient Instructions”.