

# Dean & St♥Mary's Cardiac Center

Thank you for choosing St. Mary's for your health care. Our goal is to make your stay as pleasant and comfortable as possible. Valet parking is available at our main entrance on Brooks Street. This service is available from 5 a.m. to 10 p.m. daily. The valet attendant will park your vehicle and retrieve it when you are ready to leave.

## **Implantable Device Generator Replacement**

**Be at the Hospital Patient Registration Desk, A Level, on:**

(day/date)

(time)

**Call 608-258-6856 if:**

- You cannot make it to your procedure on time.
- You have questions or concerns about the procedure.

### **What is it?**

This is a procedure done when the battery in your device runs low. The entire device will be replaced. The leads going into your heart are not usually replaced.

### **Before your procedure:**

- ♥ If you take Coumadin (Warfarin), stop taking this medication **three days** before your procedure (unless told differently).
- ♥ Arrange to have someone drive you to and from the hospital. The procedure, from admission to recovery, may take up to six hours.
- ♥ You generally will go home the same day.
- ♥ Come prepared to tell us of any preferences you have in your care, including food, family visitation, and prayer.

### **The day before your procedure:**

- ♥ You will receive a call after 2:00 p.m. the day before, with the time of arrival and instructions. If you are scheduled on Monday, you will receive a call on Friday.
- ♥ Do not eat or drink anything after midnight the evening before your procedure.

### **Day of your procedure:**

- ♥ Do not take any medications **including**; insulin for diabetes, vitamins, herbals, **and/or** food supplements the day of your procedure unless told differently by your doctor or during your pre-procedure phone call.
- ♥ Bring all your medications including any over- the- counter medications, inhalers, herbs, etc., that you are presently taking, in their **original** containers. This will help update your records.
- ♥ Bring your Bipap/Cpap machine if you have one
- ♥ Bring your insurance cards, your Advance Directives, Durable Power of Attorney for Health Care, and/or Living Will, if you have one completed.

**Note: You can view more information on Advance Directives on our website: [www.StMarysMadison.com](http://www.StMarysMadison.com). Click on the Patient tab and then click on Advance Medical Directives. St. Mary's offers a free public seminar every Monday at 12:30 p.m. to learn about and fill out an Advance Directives form. No registration is necessary, check at the Information Desk for the room location.**

- ♥ Leave all valuables at home including rings, watches and money.
- ♥ After you register, you will be sent to the Surgery and Procedure Center.

### **Preparing for your procedure:**

- ♥ You will change into a hospital gown.
- ♥ A nurse will interview you and place an intravenous (IV) line in your arm.
- ♥ Hair may be clipped and the skin is cleaned in the area where your device is located.
- ♥ Blood tests and an Electrocardiogram (EKG) will be done.
- ♥ Your heart doctor and healthcare team will review the procedure with you. This will be a good time to ask questions and share any concerns that you may have.
- ♥ You will sign a consent form for the procedure.
- ♥ You may be given medication before the procedure that will help you relax and make you sleepy. You will be given an antibiotic to prevent infection.
- ♥ You will be away from your room at least 1 ½ to 2 hours. Please remember it is common for times to vary depending on your procedure. We will ask your family to notify the nurse if they leave the area while you are gone.

### **During your procedure:**

- ♥ Upon arrival to the Electrophysiology Lab (EP Lab), you will be moved from a stretcher to a table. You will lie flat on your back.
- ♥ You will hear beeps; see TV screens and an x-ray camera which will rotate around you.
- ♥ Additional IV medication will be given to help you relax. You may feel sleepy afterwards.
- ♥ An x-ray picture will be taken of the device and leads.
- ♥ The area where the device is located is scrubbed with a special skin cleanser.
- ♥ You will be covered with a large sterile drape which will cover your head like a tent. If you are claustrophobic, let your health care team know.
- ♥ Your doctor will numb the area where the device is located.
- ♥ This procedure should not be painful. You may feel pressure but, let your EP team know if you have any pain or discomfort.
- ♥ An incision is made just under the collarbone and the device is removed.
- ♥ Your leads will be tested, attached to the new device, and the system will be replaced. The device system will then be tested.
- ♥ The device will be reprogrammed to treat your problem.
- ♥ The skin is closed using sutures. These sutures dissolve and do not need to be removed.
- ♥ A sterile dressing will be applied.

### **After your procedure:**

- ♥ You will be taken back to your original room.
- ♥ You will remain on bed rest until instructed by your nurse.
- ♥ Your heart doctor will talk to you and your family later in the day about your procedure.
- ♥ You will receive complete instructions from your nurse.

**Additional Discharge instructions:**

Due to the sedation you received:

- ♥ Do not make any major or legal decisions and do not sign any legal documents for the next 24 hours.
- ♥ We strongly suggest that another adult stay overnight with you for your comfort and safety.
- ♥ Do not drive or operate hazardous machinery for the next 24 hours.
- ♥ Do not have any alcohol or take any over-the-counter medications containing alcohol for 24 hours.

Relax for the remainder of the day.

Call the Dean Clinic, 608-252-8000, if you have any concerns. This line is open 24 hours a day.

**Tobacco free campus**

**For your health, we are a tobacco-free facility and campus. Thank you for not smoking or using tobacco products on hospital grounds.**

Other resources available to you at: [www.stmarysmadison.com/cardiac](http://www.stmarysmadison.com/cardiac).

Then, click on "Patient Instructions."