

During your test:

- ♥ Tell the technician if you are allergic to any tape or other adhesives.

The Technician will review with you:

- ♥ Where and how to attach the sticky patches to your chest. Any hair may need to be removed to apply the patches.
- ♥ The function of the monitor.
- ♥ How to record your heart rhythm on the monitor.
- ♥ Sending your recording over the phone to the Receiving Center.
- ♥ Resetting your monitor.
- ♥ When and where to return the monitor.

When the monitor is returned the results will be reviewed by the Cardiologist and sent to the physician that ordered this test for you.

Tobacco Free Campus

For your health, we are a tobacco-free facility and campus. Thank you for not smoking or using tobacco products on hospital grounds.

Other resources available to you at: www.stmarysmadison.com/cardiac.

Then Click on “Patient Instructions”.