

Dean & St. Mary's Cardiac Center

Thank you for choosing St. Mary's for your health care. Our goal is to make your stay as pleasant and comfortable as possible. Complimentary valet parking is available at our new main entrance on Brooks Street. This service is available from 5 a.m. to 10 p.m. daily. The valet attendant will park your vehicle and retrieve it when you are ready to leave.

Echocardiogram (Echo)

Be at the Hospital Patient Registration Desk, A Level on:

(Date)

(Time)

CALL: 608-259-5417 if:

- You cannot make it to your test on time.
- You have questions or concerns about your test.

What Is It?

An Echo is a test that uses sound waves to create a moving picture of your heart. It is performed by moving an instrument called a transducer over your chest between your ribs.

Why do you need an Echocardiogram?

An Echo provides information about size, thickness and function of your heart and abnormal blood flow through your heart. It is done to find possible changes in your heart. An Echo can reveal the causes of symptoms you may be feeling.

Before your test

- You do not need to do anything special to prepare for your Echo.

Day of your test

- Bring your insurance cards, your Advanced Directives, Durable Power of Attorney for Health Care, and/or Living Will, if you have one completed.
- After you register you will be sent to the Cardiac Services Department.

Preparing for your test

- You will change into a hospital gown.
- You will be asked about your heart history.

During your test

- You will be lying on your left side during most of the test.
- The ultrasound probe is moved around different areas of your chest using a special gel.
- You will at times hear sounds that are made when blood flows through your heart valves.
- The test will take up to 30 minutes to one hour.
- Sometimes you will need to have an IV to help get clearer images. We will let you know of this before or soon after the start of the test.

After your test

You will be able to leave after the test. The pictures are reviewed and read by a Cardiologist.

The results will be available to your Doctor in 24 hours.

Tobacco Free Campus

For your health, we are a tobacco-free facility and campus. Thank you for not smoking or using tobacco products on hospital grounds.

Other resources available to you at: www.stmarysmadison.com/cardiac.

Then, Click on the red box titled, “Patient Instructions”.